Whole Body Sunscreen for Sensative Skin



Coppertone Pure & Simple

SPF 50



Neutrogena Sensative Skin

SPF 60



Aveeno Natural Protection Lotion

SPF 50

Daily Moisturizers with Sunscreen



Cerave AM Facial Moisturizing Lotion

SPF 30



La Roche Posay Cream + Hyaluronic Acid

SPF 30



Aveeno Positively Radiant

SPF 30

Sunscreen for Your Lips



Coppertone Sport Sunscreen Lip Balm

SPF 50



Elta MD Lip Balm

SPF 36

Sunscreen for Scalp & Hair



SunBum Scalp and Hair Mist

SPF 30

Please talk to your doctor regarding sun protection for babies younger than 6 months.

SPECIFIC SUNSCREEN RECOMMENDATION MADE BY YOUR PROVIDER FOR YOU:

If you have questions about sunscreen or skin care, please contact Dermatology/Mohs Surgery at **515-239-4492.**

McFarland Clinic
Dermatology / Mohs Surgery

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Sunscreen

A GUIDE FOR PATIENTS

McFarland Clinic

Extraordinary Care, Every Day

Sunscreen plays a key role in **protecting your skin** from the sun.

When you use a broad-spectrum sunscreen with SPF 30 or higher, it can:

- Reduce your risk of developing skin cancer
- Prevent sunburn
- Decrease signs of aging on your skin

When selecting a sunscreen, make sure the label says:

- Broad spectrum. The words "broad spectrum" means that the sunscreen can protect your skin from both types of harmful UV rays — UVA and UVB.
- SPF 30 or higher.
- Water resistant

Sunscreens for Your Face



CeraVe Hydrating Sunscreen

SPF 50



Coppertone Oil Free Faces Fragrance Free

SPF 30



Neutrogena Ultra Sheer dry-touch

SPF 55



Neutrogena Ultra Sheer for Face

SPF 55



Sheer Physical UV and Physical Fusion UV Defense

SPF 50



Elta MD clear or tinted

SPF 40



La Roche-Posey tinted mineral anthelios

SPF 50



Clinique City Block Sheer Oil Free Daily Face

SPF 25



Bare Republic Mineral Face Sunscreen

SPF 30

Sunscreens for Easy Application



Neutrogena Ultra Sheer Face & Body Stick

SPF 70



Aveeno Hydrosport

SPF 30



Coppertone Sport Spray

SPF 50



Bare Republic Mineral Sunscreen Spray

SPF 30



Cetaphil Sun 50 Sheer Mineral Sunscreen Stick

SPF 30

Sunscreen for Babies & Kids



Neutrogena Pure & Free Baby **(stick)**

SPF 60



Coppertone Water Babies Pure & Simple

SPF 50



Aveeno Baby Natural Protection

SPF 50