

Whole Body Sunscreen for Sensitive Skin



Coppertone
Pure &
Simple
SPF 50



Neutrogena
Sensitive Skin
SPF 60



Aveeno Natural
Protection
Lotion
SPF 50

Sunscreen for Babies & Kids



Neutrogena Pure
& Free Baby
(stick)
SPF 60



Coppertone
Water Babies
Pure & Simple
SPF 50



Aveeno
Baby Natural
Protection
SPF 50



Sunscreen for Your Lips



Coppertone
Sport Sunscreen
Lip Balm



Elta MD Lip
Balm
SPF 36

Please talk to your doctor regarding sun protection for babies younger than 6 months.

**SPECIFIC SUNSCREEN
RECOMMENDATION MADE BY
YOUR PROVIDER FOR YOU:**

Sunscreen for Scalp & Hair



SunBum Scalp and
Hair Mist
SPF 30

If you have questions about sunscreen or skin care, please contact Dermatology/Mohs Surgery at **515-239-4492**.

Sunscreen

A GUIDE FOR PATIENTS

McFarland Clinic
Dermatology / Mohs Surgery

McFarland Clinic

Extraordinary Care, Every Day

Sunscreen plays a key role in protecting your skin from the sun.

When you use a broad-spectrum sunscreen with SPF 30 or higher, it can:

- Reduce your risk of developing skin cancer
- Prevent sunburn
- Decrease signs of aging on your skin

When selecting a sunscreen, make sure the label says:

- Broad spectrum. The words "broad spectrum" means that the sunscreen can protect your skin from both types of harmful UV rays – UVA and UVB.
- SPF 30 or higher.
- Water resistant

Sunscreens for Your Face



CeraVe Hydrating Sunscreen
SPF 50



Coppertone Oil Free Faces Sunscreen
SPF 30



Neutrogena Pure and Free Baby Sunscreen
SPF 45+



Neutrogena Ultra Sheer dry-touch Sunscreen
SPF 55



Neutrogena Ultra Sheer for Face Sunscreen
SPF 55



Sheer Physical UV and Physical Fusion UV Defense Sunscreen
SPF 50



Elta MD clear or tinted Sunscreen
SPF 40



Clinique City Bock Sheer Oil Free Daily Face Sunscreen
SPF 25



Bare Republic Mineral Face Sunscreen
SPF 70

Sunscreens for Easy Application



Neutrogena Ultra Sheer Face & Body Stick Sunscreen
SPF 70



Aveeno Hydrosport Sunscreen
SPF 30



Coppertone Sport Spray Sunscreen
SPF 50



Bare Republic Mineral Sunscreen Spray
SPF 30