

COVID-19 Testing For Employees

The CDC's guidance for self-isolation following COVID-19 infection or exposure can last 10-20 days or more depending on the scenario. Furthermore, the current recommendations do not encourage primary care clinicians to provide return-to-work notices due to the anticipated adverse impact on workforce capacity and healthcare services as the virus' prevalence expands.

The Occupational Medicine department at McFarland Clinic provides telehealth and in-person physical examinations to address employer return-to-work concerns efficiently.

Also, the department is happy to announce saliva testing as an additional tool in the return-to-work determination process. Saliva tests are typically available in 12-24 hours and results will be reported verbally and in writing to both the employee and employer, which is then reported to the State as required by law.

The employer has the ability to choose physical examination and saliva testing together as a return-to-work protocol or individual components.

Please call the Occupational Medicine department at 515-239-4496 for additional information or questions.



Lacey Wheat-Hitchings, MD, MPH
Occupational Medicine
McFarland Clinic



McFarland Clinic