

Instructions for Collection of Semen for Analysis

Purpose

Seminal fluid is obtained to test for fertility, infection or other abnormalities of the male reproductive organs.

Preparation

Specimens are to be collected at home and then brought to the laboratory. Abstain from ejaculation by any means for 48-72 hours prior to the collection time.

Collection

The entire ejaculate must be collected in a clean screw-top container. Masturbate directly into the container. Do not use lubricant, including saliva. Do not use a condom for collection as they often contain spermicidal agents that severely decrease the quality of the specimen. Label the container with name, birthdate, and date and time of collection.

Returning the Sample

Transport the specimen to the lab within 60 minutes of collection, keeping the specimen at body temperature. This is best done by putting the container in a shirt pocket, pants pocket, or other area close to the body.

Specimens may be dropped off Monday-Thursday before 1 pm. **Do not deliver a specimen on Fridays or day before a holiday.** To enable us to process your sample promptly, **please call the lab at (515)-239-4447 to inform us of your arrival time or for any questions.**

Note: Post-vasectomy samples may be brought in within 24 hours of collection.

If you have not been a patient at McFarland Clinic, please bring the sample to the lab first so we can begin processing the specimen. Then, please visit the Patient Registration Desk. Results will not be reported until you are registered as a patient of McFarland Clinic.