

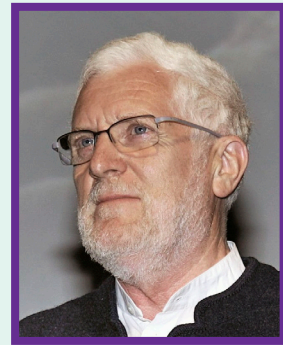
Healthiest Ames Presents
“What We Know about Living Well and Aging Well”

Wednesday, April 24
7 p.m.
Ames City Auditorium
Free and open to the public

Featuring:

Michel Poulain

Emeritus Professor at the Université Catholique de Louvain in Belgium
Senior Researcher at Tallinn University in Estonia
Blue Zones Researcher



Leonard W. Poon

Distinguished Research Professor Emeritus
in Gerontology and Professor Emeritus
of Public Health and Psychology at the
University of Georgia



Peter Martin

Professor of Gerontology in the Department of
Human Development and Family Studies
at Iowa State University

Healthiest  **Ames**

Vision: Ames will be the healthiest community in Iowa.
www.healthiestames.org